

July 2012

MONTHLY SCHEDULE & NEWS

FOR CITY OF DULUTH SENIOR RECREATION SITES

City of Duluth Department of Public Administration

Parks & Recreation Division

12 East 4th Street • Duluth, MN 55805 • 218.730.4310



EVERGREEN

5830 Grand Avenue • 723.3663

WEEKDAYS	11:30	Senior Dining Meal
MONDAY	12:00	Hand & Foot (Card Game)
	1:00	Cribbage
TUESDAY	12:15	500
WEDNESDAY	12:15	Bridge & Crafts
THURSDAY	12:30	Bingo
FRIDAY	12:15	500
	1:00	Cribbage

**MORGAN PARK,
& PORTMAN
CENTERS
listed on Page 2.**

Thursday July 5
12:30 PM Super Secret Bingo (sponsored by
Chris Jensen Health Center)

Monday-Tuesday July 9-10
4-8 PM AARP Defensive Driving First Time Course
(Call 730.4319 to register - **NO WALK INS**)

Monday July 16
11 AM-2 PM Post Polio Meeting
4-8 PM AARP Refresher Course
(Call 730.4319 to register - **NO WALK INS**)

Wednesday July 18
3-5 PM US Steel Retirees Meeting

Saturday July 28
10 AM-3 PM Senior Potluck

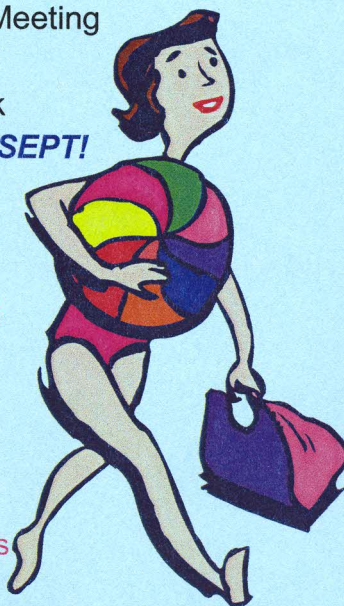
NO EVERGREEN SENIOR MEETINGS UNTIL SEPT!

Country Song Lyrics

We've got the sun block, a blanket and the best of
Jimmy Buffet....T-bones for the grill, hey ain't it great
to rough it - Phil Vassar "Six-Pack Summer"

Way down yonder on the Chattahoochee....It gets
hotter than a hoochie coochie - Alan Jackson
"Chattahoochee"

You and me going fishin' in the dark...Lying on our
backs and counting the stars...Where the cool grass
grows - Nitty Gritty Dirt Band "Fishin' In The Dark"



SENIOR ACTIVITY SCHEDULE

"At A Glance"

Weekly, unless otherwise indicated.

BINGO

Monday
12:30 - Portman

Wednesday
12:30 - Morgan Park
1:00 - Rainbow

Thursday
12:30 - Evergreen
12:30 - Lincoln Park

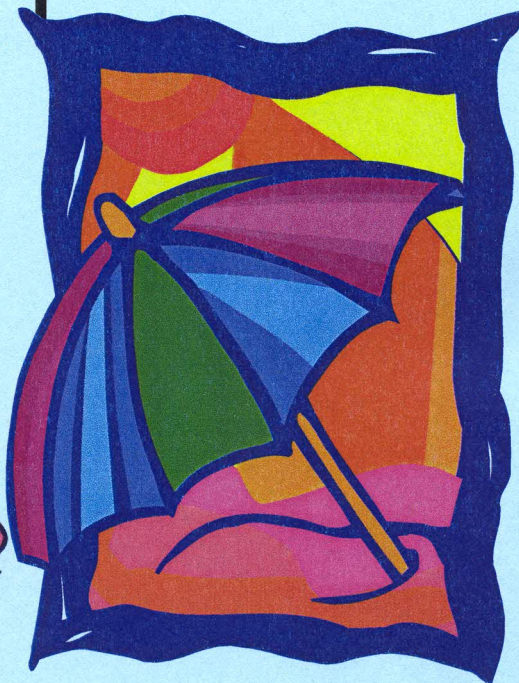
Friday
1:00 - Rainbow

BLOOD PRESSURE

Wednesday, July 11
10:30 - Lincoln Park

Wednesday, July 25
11:15 - Rainbow

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MORGAN PARK

1242 88th Avenue West • 626.4522

WEEKDAYS	10:00 11:30	Open Recreation Senior Dining Meal
MONDAY	10:00	Bone Builders
TUESDAY	10:30 12:30	Quilting Cribbage
WEDNESDAY	9:30 10:00 12:30	TOPS Bone Builders Bingo
FRIDAY	10:00 12:15	Bone Builders Bridge

Wednesday July 11
11 AM - Senior Meeting
12:30 - Super Secret Bingo
(sponsored by Chris Jensen Health Center)

Wednesday July 18
3-7 PM - Senior Potluck & Cards

More Country Song Lyrics

Let freedom ring, let the white dove sing
Let the whole world know that today is a day of reckoning
Let the weak be strong, let the right be wrong
Roll the stone away, let the guilty pay, it's Independence Day
- Martina McBride "Independence Day"

She stands in the face of evil...And will not lose hope or faith
America, the land of freedom...Still the home of the brave.
- Randy Travis "America Will Always Stand"



Call 218.727.4321 for more info on the
SENIOR DINING PROGRAM
sponsored by AEOA at the sites listed.

PORTMAN

4601 McCulloch Street • 525.0838

WEEKDAYS	11:30	Sr Dining Meal
MONDAY	12:30 8:30	Bingo UCare Exercise
TUESDAY	9:00 12:00	Exercise Bridge
WEDNESDAY	8:30	UCare Exercise
THURSDAY	9:00	Exercise

Monday, July 2

12:00 PM Senior Meeting

12:45 PM Super Secret Bingo

(sponsored by Chris Jensen Health Center)

Thursday, July 12

1-5 PM AARP Defensive Driving Refresher Class
(Call 730.4319 to register)

Friday

July 20

12:30 - Summer Party

Saturday

July 21

8 AM - 12 PM Rummage Sale

Friday

July 27

10:30 AM - "Let's Go Fishing"
Boat Ride

Monday

July 30

12:30 - Birthday Bingo (1 free card for a July Birthday!)

CHRIS JENSEN
2501 Rice Lake Road • 625.6400

EVERGREEN SENIOR CENTER
5830 Grand Avenue • 723.3663

HARRISON COMMUNITY CENTER
3002 Grand Avenue • 624.1510 (Monday Only)

LINCOLN PARK COMMUNITY CENTER
2014 West Third Street • 722.4107

MORGAN PARK COMMUNITY REC CENTER
1242 88th Avenue West • 626.4522

PORTMAN COMMUNITY REC CENTER
4601 McCulloch Street • 525.0838

RAINBOW COMMUNITY CENTER
211 N 3rd Ave E • 727.8147